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persimmon leaves is boiled in water for a few minutes. Then, both of them are mixed and concentrated under stirring to give the objective smoking-giving up candies. For example, thick malt syrup (120g), seeds of cape jasmine (16), water (800cc) and persimmon leaves (10g) are used to give 40 candies. When eating candies about 10 drops a day, one can gradually decrease smoking, leading to no smoking in a week to a month.

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(54) PREPARATION FOR SMOKER

(57) Abstract:

PURPOSE: To provide a preparation useful for mitigating ill effects of smoking by specifying contents of n-6EFA and/or n-3EFA.

CONSTITUTION: This preparation contains at least (A) one kind of n-6EFA from GLA, DGLA and AA and/or (B) at least one kind of n-3EFA from SA, 20:4n-3, EPA, DHA. It